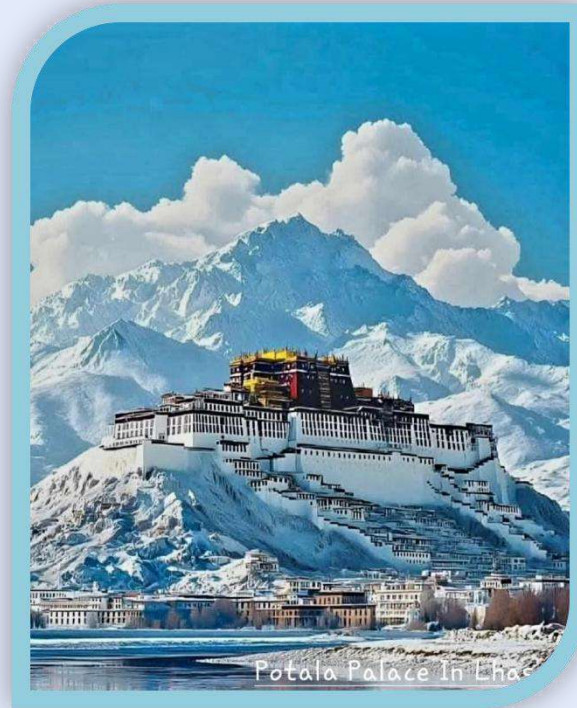




# KAILASH MANSAROVAR YATRA Via LHASA




## Overview

Duration : 16 Days

## Package Cost

Price : Kathmandu 4,25,000 Rs per person (By Bank 5% GST Extra)



The **Kailash Mansarovar Yatra** is a significant and spiritual pilgrimage to two sacred sites in Tibet: **Mount Kailash** and **Lake Mansarovar**. It holds immense religious importance for Hindus, Buddhists, Jains, and Bonpo followers. Located in the remote and high-altitude regions of the Tibetan Plateau, the yatra is considered one of the most challenging and revered pilgrimages in the world.

## Spiritual Significance

Pilgrims believe that visiting Mount Kailash and Lake Mansarovar is a path to spiritual growth, self-purification, and achieving liberation from the cycle of birth and death (samsara).

The **Kailash Parikrama** around the mountain is particularly important, as it is believed that walking around the mountain helps the individual rid themselves of accumulated karmic debt and brings them closer to moksha (freedom from the cycle of life and death).

## Itinerary

### **Day 01:** Arrival in Kathmandu

Upon arrival at Tribhuvan International Airport, our team will greet you and transfer you to your hotel. Two weeks before departure, we will arrange your yatra permit. We will collect your passports and permits to process your visa through VFS China in Kathmandu, which typically takes three business days. Please bring six passport-sized photos (35 x 45 mm, white background) for the visa application.

### **Day 02:** Kathmandu Sightseeing

After breakfast, enjoy a guided tour of Kathmandu, visiting key landmarks such as Pashupatinath Temple (the holiest Hindu temple), Mata Guheswori Temple, and Budhanilkantha Temple, famous for its reclining Vishnu.

### **Day 3:** Kathmandu Temple Tour

Following breakfast, continue exploring Kathmandu with visits to Doleswar Mahadev Temple, Bhaktapur, Patan, and Changunarayan Temple.

### **Day 4:** Fly Kathmandu to Lhasa

After breakfast, head to the international airport for your flight to Lhasa, which takes approximately 1 hour and 10 minutes. Upon arrival, our Chinese guide will meet you and escort you to your hotel. **Distance from Gonggar Airport to Lhasa City:** 65 km | 1 hr

**Altitude of Lhasa:** 3,650 m | 11,972 ft

### **Day 5:** Lhasa Sightseeing

Spend the day visiting Potala Palace, Jokhang Temple, Barkhor Square, and Norbulingka Palace. In the evening, enjoy free time to explore the city at your leisure.

### **Day 6:** Drive from Lhasa to Shigatse (via Northern Highway)

In the morning, drive to Shigatse along the Yarlung Tsangpo River. The journey takes about 5 hours and covers 270 km, with speed limits for safety. In the evening, explore Shigatse at your leisure.

Lhasa to Shigatse: 270 km | 5 hrs

Altitude of Shigatse: 3,900 m | 12,793 ft

### **Day 7:** Drive from Shigatse to Saga

Today's scenic drive takes you through picturesque villages and valleys, crossing at least four high passes before reaching Saga, a small town by the Brahmaputra River. The journey takes approximately 6 hours, with a picnic lunch along the way.

Shigatse to Saga : 316 km | 6 hrs

Altitude of Saga : 4,480 m | 14,695 ft

**Day 8:** Drive from Saga to Lake Manasarovar

Set off early for the long journey to Lake Manasarovar, a sacred site in Hindu mythology. We expect to arrive around 2 PM, where you can take a holy dip and pray. In the evening, drive to Chiugompa, making a clockwise circumambulation of the lake.

Saga to Lake Manasarovar: 490 km | 7 hrs

Altitude of Lake Manasarovar: 4,500 m | 15,250 ft

**Day 9:** Lake Manasarovar to Darchen

Overnight stay at Darchen.

**Day 10:** Drive from Lake Manasarovar to Yama Dwar - Start Parikrama to Dhirapuk

After breakfast, drive to Yama Dwar (about 45 minutes), where the parikrama begins. The trek to Dhirapuk, located 10 km from Yama Dwar, takes about 5 to 6 hours on a gentle trail. Overnight stay in basic guest accommodations.

Yama Dwar to Dhirapuk: 10 km | 5 to 6 hrs trek

Elevation of Dhirapuk: 4,820 m | 15,810 ft

**Day 11:** Trek to Shivastahl, Gaurikunda (5,620 m), then Zutulphuk

This challenging day involves a 22 km trek to Zutulphuk, beginning at 5 AM. The trail ascends initially but becomes easier after two hours. Ensure you carry essentials like water, medicine, and snacks. We will reach Dolma La Pass (5,800 m), the highest point of the trek, before descending to Gaurikunda and continuing to Zutulphuk. Overnight in basic accommodations.

Dhirapuk to Zutulphuk: 22 km | 9 hrs

Elevation of Zutulphuk: 4,820 m | 15,810 ft

**Day 12:** End Trek at Zhongdau, then Drive to Darchen

After breakfast, trek to the endpoint near Darchen (Zhongdau), which takes about 3 hours. After regrouping, drive to Darchen for a relaxing evening.

Zutulphuk to Zhongdau: 3 hrs

Zhongdau to Darchen: 4 km | 20 mins

**Day 13:** Drive Back to Saga

After breakfast, drive back to Shigatse, retracing our route via Mayum La, Paryang, and Old Dongba. Arrival in the evening.

Darchen to Saga: 460 km | 7 hrs

**Day 14: Drive from Shigatse to Lhasa**

Travel back to Lhasa via the northern highway, taking about 5 hours. Enjoy free time in the evening for shopping or exploring.

Shigatse to Lhasa: 270 km | 5 hrs

**Day 15: Fly from Lhasa to Kathmandu**

In the early morning, you'll be escorted to Gonggar Airport for your flight back to Kathmandu. Upon arrival, our staff will meet you and transfer you to your hotel. Enjoy free time for shopping or other activities.

**Day 16: Departure from Kathmandu**

Transfer to Tribhuvan International Airport for your return flight. Please arrive at the check-in counter three hours prior to departure.

**Tour ends.**

## Service Includes

1. 05 nights hotel accommodation in kathmandu (twin sharing).
2. All meals (breakfast, lunch, and dinner) in kathmandu.
3. Sightseeing tour in kathmandu.
4. Kathmandu-lhasa-kathmandu flight ticket.
5. Sightseeing in lhasa (potala, jokhang, and norbulingka).
6. Entry fees for jokhang and norbulingka.
7. Chinese group visa.
8. Necessry travel permits and documents.
9. Luxury bus transfer between lhasa and kailash.
10. English/hindi-speaking chinese guide.
11. Entry fees for kailash and manasarovar.
12. Yak and yakman support during parikrama.
13. Accommodation in tibet (hotels and guesthouses as mentioned).
14. Nepali staff (cook, tour manager, sherpas).
15. Supporting truck for food and equipment.
16. All vegetarian meals and bottled water.
17. Oxygen and medical kit.
18. All applicable taxes and service charges.



## Service Excludes

1. Travel insurance.
2. Tips for staff.
3. Emergency rescue and evacuation services.
4. Entry fees for potala palace.
5. Laundry, telephone, and personal expenses.
6. Horse and porter services.
7. Beverages (soft drinks, juices, etc.).
8. Additional expenses due to natural calamities or unforeseen events.
9. Any services not mentioned above.
10. Extra night in Kathmandu

## To process your Tibet group visa,

### **we require,**

A clear color scan of your passport and a 25% advance payment, to be submitted at least 60 days in advance.

## To Payment Policy

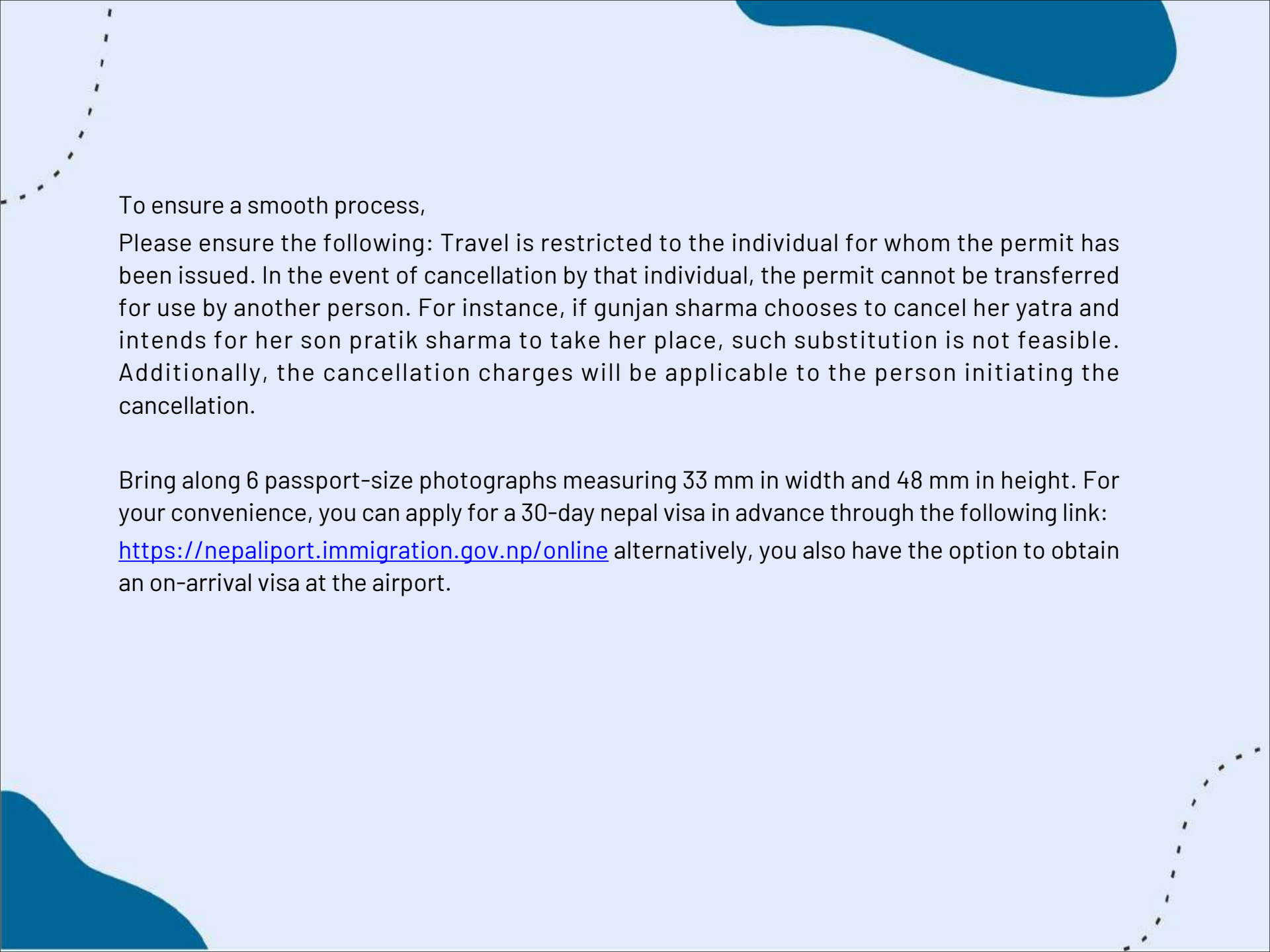
- A booking fee of 500 usd per person is required to be paid in advance to the company.
- The remaining payment must be settled upon your arrival in kathmandu, nepal.

## Booking Condition

In accordance with the regulations of the foreign exchange centre, a single permit will be issued for each group. To facilitate this process, we kindly request that you provide the company with a comprehensive list of group members along with clear passport copies a minimum of 8 weeks before your scheduled arrival in kathmandu, nepal. This will ensure the smooth issuance of permits.

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This will ensure the smooth issuance of permit the original passport should be valid for minimum 6 months from the date of travel. v upon your arrival in kathmandu, nepal, it is essential to provide us with your original passport for the purpose of processing the group visa application.



To ensure a smooth process,

Please ensure the following: Travel is restricted to the individual for whom the permit has been issued. In the event of cancellation by that individual, the permit cannot be transferred for use by another person. For instance, if gunjan sharma chooses to cancel her yatra and intends for her son pratik sharma to take her place, such substitution is not feasible. Additionally, the cancellation charges will be applicable to the person initiating the cancellation.

Bring along 6 passport-size photographs measuring 33 mm in width and 48 mm in height. For your convenience, you can apply for a 30-day nepal visa in advance through the following link: <https://nepaliport.immigration.gov.np/online> alternatively, you also have the option to obtain an on-arrival visa at the airport.

## Cancellation Policy

1. After the Group-Naming list has been submitted for the permit, any cancellations will incur a fee of USD 500 per person. (The permit application is made 60 days prior to the travel date).
2. If the Yatri cancels the tour 45 Days before the date of departure, 75% of total payment will be refunded.
3. If the Yatri cancels the tour 30 Days before the date of departure, 50% of total payment will be refunded.
4. If the Yatri cancels the tour 15 Days before the date of departure, NO payment will be refunded.

## Emergency Departure & Associated Costs

In the event of an unforeseen emergency requiring a Yatri to depart the Yatra prematurely and seek to return, the Yatri will be fully responsible for any additional costs incurred due to this early departure. These expenses may include, but are not limited to:

1. Permit and visa cancellations
2. Transportation costs (e.g., return travel)
3. Meals and lodging
4. Medical care
5. Emergency rescue services
6. Any supplementary nights spent on the Nepal side of the journey
7. The Yatri will bear the full financial responsibility for these costs.

## Get in Touch



### **Nidhi Tours and Travels**

ISO-9001:2015 CERTIFIED COMPANY

**Authorized Agency by FEC- Chinese  
Government**

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[www.charodham.com](http://www.charodham.com)

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Thank You